

Adult Information Sheet

Client Name: \_\_\_\_\_ Client DOB: \_\_\_\_\_  
Ethnicity: \_\_\_\_\_ Gender: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone Numbers: \_\_\_\_\_ Email: \_\_\_\_\_  
\_\_\_\_\_ Messages via phone, email & text: Y N  
Employer: \_\_\_\_\_ Education Level: \_\_\_\_\_  
Household Family Members: \_\_\_\_\_ Relationship \_\_\_\_\_  
\_\_\_\_\_ Relationship \_\_\_\_\_  
\_\_\_\_\_ Relationship \_\_\_\_\_  
\_\_\_\_\_ Relationship \_\_\_\_\_  
Emergency Contacts Name: \_\_\_\_\_ Name: \_\_\_\_\_  
Phone: \_\_\_\_\_ Phone: \_\_\_\_\_  
Relationship: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Reason for seeking counseling at this time: \_\_\_\_\_  
\_\_\_\_\_

How did you hear about us?: \_\_\_\_\_  
Have you seen a therapist in the last year? Y \_\_\_ N \_\_\_ If yes, how many sessions? \_\_\_\_\_  
List any medication that you are currently prescribed \_\_\_\_\_  
Allergies \_\_\_\_\_ Health Concerns \_\_\_\_\_  
Primary Care Physician \_\_\_\_\_ Phone: \_\_\_\_\_  
Psychiatrist (If Applicable) \_\_\_\_\_ Phone: \_\_\_\_\_

**Insurance Information:**

Insurance Provider: \_\_\_\_\_ Policy Number: \_\_\_\_\_  
Policy Holder: \_\_\_\_\_ Relationship to subscriber: \_\_\_\_\_  
Policy Holder DOB: \_\_\_\_\_ Co-pay Amount: \_\_\_\_\_ Deductible Met: Y \_\_\_ N \_\_\_  
Allotted # of Sessions: \_\_\_\_\_  
Any other information you would like the therapist to be aware of? \_\_\_\_\_  
\_\_\_\_\_

Print Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Office Use:  
Dx \_\_\_\_\_ Date \_\_\_\_\_ Signature \_\_\_\_\_